Feeling trapped by debt? Getting all the benefits you're entitled to?



Frontline Debt Advice is a charity providing free, confidential advice for anyone struggling with debt or benefit problems.

- If you are struggling to pay bills and do not have enough left to provide a reasonable living, we
 may be able to help. We can help you review your financial situation and prepare a budget. If
 necessary, we can negotiate with creditors to arrange payments that you are able to afford.
- If you are unemployed, sick, disabled, or need help around the home, you may be entitled to
 welfare benefits. We can help you with these and provide advice on what you may be able to
 claim.

We hold sessions on a Tuesday afternoon at **Harefield GP Surgery** on Exford Avenue from 2.30pm - 5.30pm, on an appointment basis. Give us a ring on **07914 744 142** to arrange an appointment.

Alternatively you can get in touch by email: harefield@frontlinedebtadvice.org.uk or by post: Frontline Debt Advice (Harefield), Thornhill Baptist Church, Thornhill Park Road, Southampton SO18 5TR







