



**Do you need advice on benefits or employment rights?
Confused about Universal Credit? Personal Independence Payments ? Employment and
Support Allowance? Job Seekers Allowance?**

Southampton Advice and Representation Centre (SARC) advisers can help with welfare benefits (including benefits take-up and appeals) and employment law advice, including unfair dismissal, discrimination, unpaid wages etc.



**SARC run FREE, impartial and confidential advice sessions at
Townhill Park Community Centre
every 1st and 3rd Tuesday of each month,
10am-12noon (no appointment needed)**

We provide a full service, from simple form filling, to representation at Social Security Tribunals, Employment Tribunals, and beyond.

 Appointments for the main SARC office in Woolston can be made on 02380 431435.

Townhill Park Community Centre is on Meggeson Avenue (post code SO18 2FH) and is on First bus routes 7 & Bluestar bus route 16.



SARC sessions at Townhill Park Community Centre are funded by SO18 Big Local.

SARC Main Office: 023 8043 1435
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Registered charity no. 1112999
Registered company no. 5582643
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